

CAMOSUN COLLEGE CHARGERS NEWS

FOR IMMEDIATE RELEASE December 24, 2012

Chargers Women's Volleyball Winter training camp hosts SAIT, RMC and Titans

The Chargers women's volleyball program will resume training in preparation for the 2nd semester of PacWest league play by hosting fellow CCAA program Southern Alberta Institute of Technology (SAIT) from Calgary, Alberta and CIS program Royal Military College of Canada (RMC) from Kingston, Ontario. Added to the mix will be the Victoria Titans 18U club team. Based out of Victoria the Titans will field a collection of some of the top local talent and athletes from across Vancouver Island and BC.

Chargers winter training resumes December 28th at the Pacific Institute for Sport Excellence (PISE). Training between the four programs will begin December 30th at CFB Esquimalt's Naden Athletic Centre before scrimmage play wraps up the year on December 31st at PISE.

Sitting 4th in the PacWest after winning 5 of their last 7 matches, the Chargers are within striking distance of a spot in the top three. Amongst the PacWest league leaders statistically are 3rd year leftside Hilary Graham, 2nd year middle MorganMarshall and 2nd year libero Kelsey Johnson. 2nd year outside Carly Hilliard is currently the reigning PacWest Athlete of the Week after the Chargers swept the College of the Rockies on home court.

"The second semester is where we expect to make our move," stated Head Coach Chris Dahl. "Our abilities as a collective will ultimately determine the level at which we compete and after that, success in competitive sport often comes down to individual performances. This is why we train. I'm looking forward to the second half, it will be an exciting one to be sure."

Chargers with RMC, SAIT and Titans

December 30th 2:00-4:00pm @ CFB Esquimalt Naden 7:00-9:00pm @ CFB Esquimalt Naden

December 31st 9:00am-2:00pm @ Pacific Institute for Sport Excellence schedule to be determined

For more information, please contact Head Coach Chris Dahl:

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